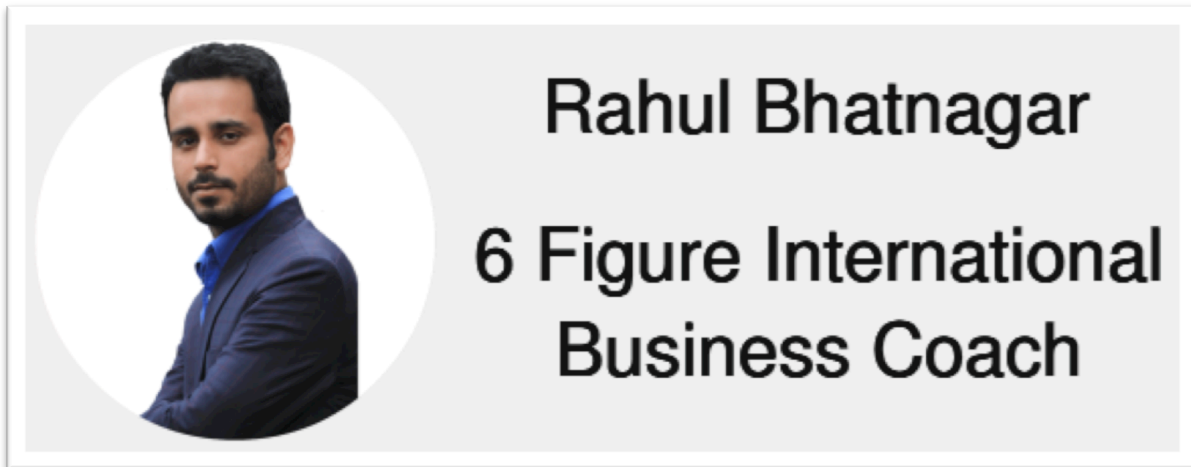


Rahul Bhatnagar

ACHIEVE  
all your  
Long Term  
**GOALS**



## About the Author



- He has conducted 150+ Seminars and has TRANSFORMED the lives of 50,000 people till date
- He has been a Public Speaker since the past 12 Years
- The biggest youth event - 'USP The Survivor', which has been attended by more than 15,000 participants in the past 4 Editions is his brainchild
- His students are placed in world class companies like Infosys, Wipro, LG, Xerox, Transocean, HPCL, IOCL, Indigo Airlines, Godrej, Byjus
- Only Man on Earth who has given 50 Official Speeches on 50 Consecutive Days in different niches, in different cities & in front of different crowds
- He has worked with more than 150 Top Brands
- He has conducted sessions in various Fortune 500 Companies
- His company's case study is taught to management students
- Featured in the Times of India, Amar Ujala, Dainik Jagran, The Dehradun Street, Your Story, Himachal Times
- Soon to be featured in a Reality TV Show on MTV

## Achieve All Your Long-Term Goals

If you really aspire to become the person you've envisioned yourself in your dreams, you need to work on yourself.

Your cursor has hit the right E-Book to inform you about how you can proceed with achieving your long-term goals.

Long-term goals might seem very vague to people, unless they have planned it out for themselves.

You cannot just be saying, "I want to become a doctor." and do nothing about it.

Shift your mindset from **"I want to.. "** to **" I am working for.."**

Working on your goals is better than sitting idle and dreaming about them.

Here are a few tips, which you can follow in order to achieve your long-term goals:

## **1. Goal**

Desire your goal, much more than you're afraid of the cost of achieving it.

Unless you overcome your fear, you won't be able to work on achieving things you really want.

It is important for you to set the goal high, no matter how much it scares you. Let it take, what it may.

## **2. Define Your Vision**

Before setting yourself off for achieving your long-term goals, it is important for you to define your vision first.

You should have a clear vision about yourself in order to work on your future self.

You can do this simple activity in order to define a vision for yourself:

Grab a sheet of paper and a pen, and write down where do you see yourself 2 years, 5 years and 10 years from now.

Set a vision for yourself in the coming years. You can proceed further by writing what it takes to reach at that stage. Start working on it.

### **3. Take Action**

Once your vision is defined, all you need to do is work upon achieving the goals.

Unless you take any action in order to achieve your goals, you're as good as a daydreamer.

### **4. Work Everyday**

Always remember, every drop counts. Taking slight steps towards your goal is better than not taking any step at all.

Work every single day.

Remind yourself about whom you want to become.

Be consistent and committed to your work.

## **5. Be Disciplined**

Discipline is important in every body's life. But sometimes, we fail to recognize how we can work on the discipline in our lives.

You can set a timetable for yourself every day, taking into consideration your short-term goals, your daily tasks and the work that needs to be done for achieving the long-term goals.

This will help you prioritize things and you shall work with ease in achieving them.

## **6. Be On Time**

Be punctual when it comes to work. Try to finish your tasks in the given deadline, and work according to the timetable that you've set for yourself.

## **7. Live in the Moment and Stay Focused**

You don't have to forget that you should live for yourself.

Be it at work, or at home. Live for what makes you happy.

If you have decided a goal for yourself, it should satisfy your happiness.  
You should feel contented when you're done with your work.

Reward yourself when the objective of your task is met.

Celebrate each success.

Being dedicated towards your work does not mean that you forget how  
to enjoy and live your life.

Be grateful about who you are.

**“All the Very Best”**